

IDAHO FEDERATION OF FAMILIES FOR CHILDREN'S MENTAL HEALTH

Parent & Caregiver Meeting

DATE:

Last Wednesday of every
month

TIME: 12–1 PM

WHERE: Pocatello
357 West Center Street
2nd floor conference room

**FOR MORE
INFORMATION
about this monthly meeting
contact**

Sherry

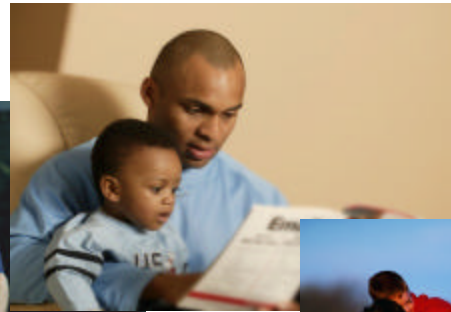
208 406-9272

sget1022@yahoo.com

**IDAHO FEDERATION OF FAMILIES
FOR CHILDREN'S MENTAL HEALTH**

1509 S. Robert Street, Suite 101
Boise, ID 83705

Phone: 208 433-8845
Toll Free: 1-800-905-3436
Fax: 208 433-8337



Are you a parent or do you care for a child/youth who has behavioral, emotional, or mental health needs? If so, this monthly meeting is for you!

You will meet other parents and caregivers who have had similar experiences and challenges and can understand how you feel. You'll be able to talk to someone about the stress of dealing with multiple doctors and service providers; you'll find support and advice about special classes and services and about how to talk to educators about your child's difficulties, and how to stay optimistic; you'll learn tips from other parents on how they have managed similar challenges, and develop confidence in your own ideas and impressions about what your child needs and wants.

- Find acceptance and understanding
- A sense of belonging
- You are NOT alone
- Share experiences
- Information & training



**Idaho Federation of
Families
for Children's Mental Health**